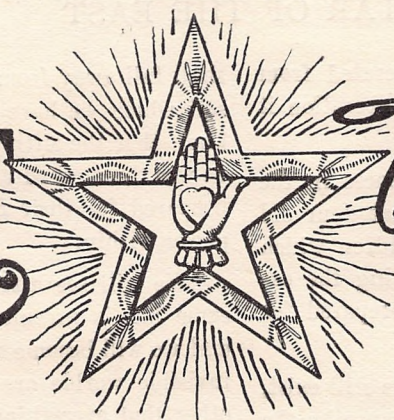


# STAR OF THE EAST



*A New Thought Journal issued monthly for the help of self and others by the practice of systematical concentration of mind; in Unity with the Universal Soul*

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## WHAT SHALL BECOME OF ALL THAT WE SEE IN THE FINAL?

The question above has often been asked us in the question box as well as individually, and we will try to answer it in this month's issue as closely as possible. Had mankind knowledge of *self* and *things* this question would not be asked, as then we should see beforehand what the outcome would be of all action around us.

We have been led to believe that there is a final destruction of things, as well as of mankind, and this is the reason why we wonder what the culmination of all might be.

When we can see that there is nothing destroyed, but that all undergoes changes and by them rises higher, we shall rejoice in the knowledge of the indestructible soul of things and we will understand that the struggle shall last for the betterment of all until it has risen to the plane of its final destiny.

While we are among the action of things, we can experience peace and comfort even in the midst of the struggle as soon as our eyes become opened to the truth that there is nothing but life, there is no destruction, but constant laying off of the part which is the cause of confusion. Let it be understood that the outer is not conscious of its former activity until it has risen so in evolution that it can take part in individual thinking. When we say that we are conscious we should not think of the body because we know that its capacity of consciousness is on such low plane that it cannot be considered as consciousness.

This is manifested in sleep. When we sleep we are not conscious of anything neither within us nor around us because the powers back of the atoms are not communicating through the body at this time, but are learning its lessons on other planes.

When we consider dissolution we must understand that everything still lives, but the sundering process is for the purpose of allowing each particle (which is an individuality in itself) to become freed in order to become united with higher elements and thus become a stronger and finer expression.

Many accept the idea that all things shall be destroyed in the final, but if there was destruction in the lower matter then there would be such of planes and kingdoms, and in due time everything in life would be to naught. Matter could no more be destroyed than God could be to naught.

When we can see the truth that everything lives by the others' energy we will see that there is affinity between all things in the visible and invisible kingdoms, and destruction in the small would mean the destruction in all.

There could be no object in such law, as it would be to deny things their time and chance of growth. It is by affinity that everything is held together and it is by affinity that one plane communes with the other, and by such affinity every soul and being shall meet and exchange powers.

What man calls destruction is not such, but only a disappearance in order for reconstruction. As it is with man so it is with things, as the law deals with all alike, and what is destiny of one is so for the other. As everything is a moving life, it must fill its mission, which is constant disappearance and reappearance.

The changes which we see within ourselves, as well as the changes which we see around us, all are for the same purpose, and this is the reason why we must learn to look upon the "whirling pass-by" as a redemption and chance for liberty, because when we see a thing which we thought would never be otherwise than we had seen it, we should understand that it is the right given to it by law to move onward toward higher cultivation.

It is with the human body as it is with things beneath it, and it is with kingdoms and planes as it is with things, everything lays off the past in order to again become adorned with it when it has changed from its former coarser garb to a finer, and we must see that it is to that end that we see turmoil in the elements and



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in ourselves that matter might become liberated from the bondage it has been in, as without the liberation it can never reach its destiny.

When we see demonstrations of restlessness in the earth and in the heavens we must know that "our old mother" is preparing for birth of new children which must come forth for the purpose of receiving the experience by which they can become better prepared for higher expression.

We should not forget that while all things still exist, we shall not see them in the same form because by the changes which things undergo, that which we saw in a coarser state of expression we shall see in finer appearance, and this is the reason why we feel that things of the past are destroyed.

You plant flowers, or rather seeds to become flowers; the seeds are the virtue of the old flowers, but by replantation they become finer and finer; their life is the same life which causes the coarser flowers to grow, but the latter have undergone more changes, and this is the reason for their being better in appearance than their forefathers.

It is the same with planes and places. Our forefathers are not dead, nor is the matter of which their bodies was made destroyed because it has dissolved, but more freedom has been given to them and they are a finer expression today than they were when we knew them (or heard of them), because they have taken part in greater activity than at the time manifested when they had physical bodies; their power of thinking is stronger and they are more conscious than they were at the time they had the bodies by which they were recognized while related to us.

Cities and places are different today than they were a hundred years ago. The appearance they had then is not destroyed, but it is much changed for the better; because of more activity they have taken finer forms, and this is demonstrated by the beauty and symmetry which adorns each place thus undergoing such changes by their rebirths.

The stars in the heavens are brighter because they have been liberated of a mass of dense matter which they have cast off during their increased action, and in consequence their light is finer and the vibrations are better for the unfoldment of this plane of ours, and by them mind and body of the earth people are finer and more capable of demonstrating refinement acquired by their changes.

We realize that our thinking faculties become stronger and more active the more we change thoughts, and that in itself proves not death, destruction and non-action; but to the contrary, life is stronger expressed than ever before, and the more it is expressed the stronger and finer shall the expression become.

There can be no destruction in anything of that which we see, as it would mean in all that we do not see, and how would then the stupendous plans become matured?

When our outer senses become more developed we will see this and the painful ideas that we have held

shall fall away from us, and we will see all in its *higher* self which we have seen in its lower, and then we will know that the sifting of matter by the confusion around us was the method used by the law of life to make things prepared for their final demonstration of the unknown power within.

We will see after leaving our outer forms that the same law is prevalent in other degrees of unfoldment, and we will become surprised to find that the visible and invisible worlds are so closely connected one with the other that everything which is going on in our physical degree of development is not only known, but the same is going on in the *soulworld* because one is united with the other, and the same matter and life which supports the physical gives support to the soul-life in the finer degrees.

We can rest assured that when we are ready to leave this form our brothers and sisters in the soul degree of evolution know it, and they are waiting at the border of change just like we go to the railroad station to wait for the train to welcome our friends.

We have unconsciously sent matter and thought to them, of which they have built their being, and they have done the same to us, and this is the reason that we have by the constant stirred up action *retained part* of the constant passing expression of life, and they are doing likewise.

The physical body and the astral body are so like (and yet independent of one the other) that they build on their planes of the matter the exchange between one and the other. We are part of the astral world and the astral world is part of us, and each plane knows of one the other. We shall not be conscious of the coarser body which we have cast off, but our minds shall be cognizant of the truth that nothing is missing, but everything is one completed whole.

All in the universe shall be conscious of its changing struggles through every degree of life and the knowledge of it having become one completion with God shall be its *reward*.

### HOW TO READ THE BIBLE OF THE ATLANTIANS.

Every generation has had its own books that have been to it a "holy scripture" and very little if any of those are known to our generation, but there is one book which is known to us and yet sealed, and that book is the "book of life"; and it is a very small one, but upon its pages are written all the principles of the Divine life.

No one can truly read it without having his or her finer self developed enough to realize its power, for there is the Divine principle back of every figure it presents.

It gives power of life at the present and it teaches how to know what shall come to pass; but no one can understand it unless they have awakened to the realization that we must know our higher selves in order to live so that we fulfill the mission for which we came here.

This book is the textbook of the altar, and only those who have been close enough to the Master to have become quickened to the power of the Temple can draw



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the power from it in the proportion it can give. I refer to the book which the modern call the "Deck of Cards," and he who lives in the true precepts of its laws will see, know and realize what the physical senses cannot understand.

The cards were not given to us for the purpose of using them only as means of telling fortunes or gambling, but they were used among their inventors (the Atlantians) to draw power and wisdom and to read the activities of the stars. We will advise all who have studied them to sit down in silence and meditate upon their inner selves and its development, and grander things will become revealed than have ever been revealed before. The deck of cards is not for the purpose of telling the future alone, but more for the purpose of unfolding the inner and higher life.

Those who use them for the purpose only of finding out how much and by what means to accumulate wealth will soon find out that this book will become surrounded by mystery (even if we have studied it before), and that we will understand it less and less.

Let it be known that as everything high and sacred can become low by the violation of its use, so can the book of life, "the Atlantian Bible," become a book of "sorcery" by its wrong use.

Take this book with you and go into your room and lock the door, and pray God for wisdom, forgive everybody, love everybody, and let your mind become freed from all worldly things, and surrender your whole thought to the Divine Universal relationship to you and the power which the cards represent will fill your soul.

Do not try to prophecy at these sittings, but sit alone not less than thirty minutes, and in this way only will we be able to read this wonderful book as it was meant that it should be read.

### MOMENTS OF JOY IN THE TEMPLE OF FLORA.

"Most beloved: Come with me and I will take thee into the spacious apartments of our most beloved Sister Flora, the Queen of the Kingdom of the Blossoms. Has your soul become aware that her language is the communion with the soul, and that it is also the measurements of its value of unfoldment. Have you ever known that you are related to her and that the relationship is so close that you are life of her life and body of her body although the forms are different in construction?

"There are different departments in this kingdom and there are as many degrees of wisdom as there are departments, and one department or the other is your 'favorite.'

"There is the Rose in her queenly beauty, the demonstration of power, wealth and beauty, the symbol of the *unity of action* of the *higher* and the *lower*, because on the same stem which holds up the majestic head of this flower and also shows us her inner undeveloped face are thorns, the symbol of the coarser, which as yet has not reached its plane of refinement. Its life-fragrance is the goblet of joy and this is the reason why man adores her.

"There is the *Pansy*, the messenger of thought, the companion when all visible companions leave us. Ah, but her company is unlike all others, as she brings all that upon which the inner self can feast.

"There is the *Forget-Me-Not*, coming to us with the assurance that we are never forgotten by God nor the Angels, even though our own might forget us. There is the Lilly of the Valley, telling us that *innocence is strength and life* to the soul. There is the Temple Lilly, telling us of ever lasting *Love* and *devotion* such as no one in flesh can give us, and thousands of others who unite in their power to fill the stranger with *strength* and *life* who visits the Temple.

"Ah, let us tarry among them for a few moments and ask them to give us a lesson how to *Love* and *adore* all things, and particularly *beings*, with the unselfish love and devotion, and thus we shall give and receive it under all conditions. LOFTUS."

### LESSON.

Beloved: This lesson shall be given to us for the purpose of learning how to Love, as Love is the fundamental principle of life, and it becomes like a lonely desert if we do not understand this truth so that we can live it. Love is warmth and light; Love is strength and it is individuality; Love is courage and endurance; and he who Loves truly never sees the dim light of what his brother does not do, but he always sees in advance the brilliant light of the power which shall become manifest through all in due time.

We draw life from the beautiful home of Venus, from its inner life, its finer life, its beauty and well-being, its symmetry and grace, and all the superb power of Love which its people are capable of giving will be sent to us when we place ourselves in a receptive condition to receive it. Love makes women queenly and men manly; Love makes the races dwell in harmony together, and Love lives as long as it can express its power in each particle of matter, and after it has done all it can do it goes on and on until the crown of undescribable joy is placed upon its head. My student, do you wish to become truly Loved? Then learn to Love first and you shall be Loved as you never were before.

Do you wish to be beautiful? Love all things in nature and their beauty shall be stamped upon your face.

Do you wish to become rich? Love life for life's sake and what you can do toward its elevation, and you will have more than you are looking for.

Our concentration this month shall be for more true and unselfish Love, and we shall meet in nature this month among flowers, birds and greens, and ask them to teach us to Love them, and life shall flow into our being. Concentration between 5 and 7 A. M. and 9 and 11 P. M. Wednesdays.

Let this concentration cause us to emerge into the life of nature beautiful and drink of its Love. This lesson is active from June 7 to July 7. Do not miss your concentrations with us.



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### QUESTION BOX.

Q. Sister Editor please answer the inclosed question: How can a soul which hungers and thirsts like mine does become satisfied in such a selfish world as ours is? *Pauline.*

A. My beloved, you must learn to Love all things around you, *nature* in particular, and the purest Love possible will rebound in abundance to you.

Q. How can it be wrong to express Love physically when God has laid it down in our nature? *Julius.*

A. Brother, because man allows himself to become governed by his lower desires and live to gratify them without unfolding his *higher self*, which will teach him how to deal with his lower self, and that is the reason why our race is degenerating instead of elevating, and the cause for this is to be found in the abuse of the Love principle.

Q. Can it be possible that I really was sitting among the bushes in the grove a little bit of way from my home and at the same time saw myself at the dinner-table, as I thought I did? Was this true or was it imagination? *Tillie.*

A. Yes, such is not only possible, but most of the time the actual case, and it is very natural since the soul can be anywhere while it uses the body.

Q. Does the power to see spirits belong to the body or to the spirit? *O.*

A. It belongs to both, as the soul is imbued with that power and the faculty in the body expresses it.

Q. Is it possible to live a perfectly pure life, free from all kinds of lower expressions, when one has to be in the midst of all these things? *S.*

A. That depends upon the strength of the Individual. If he is weak to the lower conditions and their expressions then it will be almost impossible, but if the Individual holds his *higher self* before his thoughts it is not only possible, but it becomes easy to overcome. The environments have much to do with our weaknesses.

Q. Can we be in contact with and taught by the Masters while in the body without seeing them? *Flossy.*

A. Yes, sister, because the physical is the outer expression only, but the soul is the real self, and it can be thought during sleep or otherwise as it can be anywhere.

Q. Is it true that we can remember our past experiences? *Molly.*

A. Yes, the more we can live in the spirit the more we will remember the past while in this body.

Q. Is this the age of the new dispensation? *E.*

A. Yes, brother, and we will know more of it the more we unfold our younger and better selves.

Q. Are dreams real experiences? *Edith.*

A. Yes, because it is the report to the outer faculties ("senses") what the Astral body has been in contact with, while the soul which uses it on the Astral plane has been active.

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A most beautiful season has now made its entry. Let each one of us partake of its generosity of life and beauty and become *filled* with the *inspiration from it* until we are truly in "tone with the infinite."

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Let us send our thoughts to the *flower beds* and the *birds' nests*, and let us sit down on the grass while we are at work physically, as we can perform what work we have to do in the body and have our thoughts anywhere we wish. Thus we can be outdoors when the body is indoors; we can have the universe at our disposal while the body lives in a cabin, and all the *wealth* and *beauty* can occupy our mind while we have to walk in the dusty and uncleaned streets; we can be in the *most high* while our bodies have to move among those who soil themselves in impurity, and we can listen to the concerts of Hosts of Angels while our outer ears listen to the discords of confusion

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### ONE WITH GOD IN NATURE.

To be one with God is to be one with nature, and the closer we live in its bosom the holier we shall become, because nature is truth, purity, innocence, beauty, generosity; and it is love personified.

As long as we believe that we are part of something else than nature we will never know ourselves, nor will we have as much happiness in life as was intended for us, and we can never rise to the heights of wisdom which is our destiny. Oh, beloved, live more in nature's temple, sing in it, pray in it, love it, adore it, and all the combined wealth and loveliness and spirituality shall fill your being and you will never have pain nor suffer poverty or other pangs of darkness, but you will live in the illumination of spiritual loftiness and all your thoughts will become a constant love song.

ALBA ODEGAARD.

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